This recovery-focused one-day event brings together key speakers, healthcare professionals and service users from around the country. Find out about innovative research, clinical practice, training, and professional development within this exciting new area of mental healthcare.

Conference Chair
Professor Sue Clarke

The Conference is arranged in partnership between Bournemouth University and The University Department of Mental Health, Dorset HealthCare University NHS Foundation Trust.

The University is situated on the south coast in the beautiful county of Dorset with good transport links from London. Accommodation is available locally. There will be a cheese & wine welcome on Thursday, 5th September from 6.00pm.

Keynote Speakers
Kevan Jones, MP – “De-stigmatising Mental Health”
Rachel Perkins OBE – ”Whither Mental Health Services”
Prof. Geoff Shepherd

Over 50 presentations in the following categories:

- ADULT MENTAL HEALTH
- CAMHS
- FORENSIC SETTINGS
- SPECIALIST TREATMENT SERVICES

From all over the UK
See next page for details

Conference Registrations
grayrock.co.uk
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£110 plus VAT
**Engagement in Life Recovery-focused Mental Health Conference**

**Bournemouth University Friday 6th September**

Keynote addresses by: Kevan Jones MP, Professor Geoff Shephard, and Rachel Perkins OBE

**Other presentations:**

Please note only the first-named presenter is cited here. Full details will be in the conference pack on the day.

### Focus on service-user experience

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<td>Fran Walsh</td>
<td>Mental Health Service Users’ Perceptions of Involvement and Recovery. A qualitative study.</td>
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<td>Karen Machin</td>
<td>Advancing Peer Support: Pathways to Progression</td>
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<td>Simon Whalley</td>
<td>Making sense of the stigma of psychological help-seeking; an interpretative phenomenological analysis</td>
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<td>Anna Redding</td>
<td>What is the lived experience of being discharged from a psychiatric inpatient stay?</td>
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<td>Tanya Samuels</td>
<td>Working Together with Service Users as peer Assessors for Service Improvement</td>
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<td>David O’Loughlin</td>
<td>How two people implemented skills from the ‘Living with Bipolar Disorder Course’ to re-engage in life</td>
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<td>Ruth Marlow</td>
<td>Reflections from people on their recovery from an ‘eating disorder’</td>
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<td>Angela Warren</td>
<td>The case for Self-harm vs. Alternatives for affect regulation: One person’s journey</td>
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### Focus on intervention

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<td>Louise McCusker</td>
<td>From hunting pathology to exploring recovery; changing stories in a Step 4 brief intervention service</td>
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<td>Sally Branch</td>
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<td>Adam Pickles</td>
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<td>Tony Stewart</td>
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<td>Brian Kaplan</td>
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<td>Sam Dench</td>
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### Focus on children and young people

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<td>Jenny Palmer</td>
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<td>Mary John</td>
<td>Measuring recovery for young people with depression &amp; anxiety; dual perspective tool for use across services</td>
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<td>Jon Bryant</td>
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Presentations (continued)

Focus on Forensic settings

Celia Taylor  
Recovery and Risk Management: can offenders lead the way?

Genevieve Smyth  
Engagement in life: use of occupation-focused practice for adults in secure hospitals

Ian Merrick  
How a Patient and Staff Band in a High Secure Hospital illustrated Social Inclusion and Recovery

Jackie Preston  
Shared decision making in a secure forensic mental health service for young people

Jan Hutchinson  
Supported Employment using individual placement and support for ex-prisoners with Mental Health problems

Jenny Barnes  
The challenges and successes of a recovery group in forensic services

Jenny Stickney  
Working together group - the evidence behind the practice

Kate Law  
Making links: using recovery approaches to reintegrate the community and the secure environment

Peter Crascall  
Making recovery a reality in secure settings - piloting the ‘secure star’

Sarah Wood  
Partnership working as a way of creating an environment which supports people to re-engage in life

Focus on Service Delivery and Evaluation

Peter Wolfensberger  
Recovery orientated mental health nursing; a pilot intervention study

Naomi Mwasambili  
Social Innovation in Mental Health Care for Black, Asian and Minority Ethnic Communities

James Barton  
Changing relationships: coproduction and shared decision making within mental health services in Dorset

Mark Brown  
New Media, new relationships, new challenges: making social media work for mental health

Richard Evans-Lacey  
A visual representation of the recovery model

Karen Newbigging  
The Right to be heard; review of the quality of mental health advocacy in England

Sarah Bateup  
Successfully integrating live synchronous, internet based text, CBT into Step 3 IAPT services

Toni King  
Is it important to measure recovery?

Helen Payne  
The Embedment of the Medically Unexplained Symptoms Clinic (MUS) in Primary Care

Poster Presentations

Kerri Gray  
Improving social inclusion through increasing access to, and skills in using, modern technology

Liz Matias  
Recovery clubhouse: building a safe bridge between hospital and the community

Natalia Adamczewska  
Psychological Adjustment to accidental falls

Rizwana Siddique  
Do women with mental illness benefit from physical health education

Ruth Lazarus  
Play therapy as a language for children and young people within our mental health services

Katie Sivyer  
Differences in Emotional Processing Styles in Anorexia and Bulimia Nervosa compared to general population