

## TOP 3 DIAGRAMS TO SHARE WITH CLIENTS IN SHORT TERM INTERACTIONS

90 minute interactive seminar on zoom

**£36 including VAT**

CPD cert available

Watch again: privileged access to the content for ten days after the seminar.

**3pm to 4:30 pm Thursday 16<sup>th</sup> July**



A picture's worth a thousand words.

In the years that **Dr Christine Dunkley** was a primary care counsellor and supervisor she often drew diagrams to explain a client's behaviour patterns. There were 3 that proved the most popular – so much so that if she bumped into clients years later they would say they still carried the paper. There is something about the way the diagrams unfold in front of the client that helps them understand their journey. The 3 featured in this seminar answer these questions:

1. Why did I fall apart?
2. Why am I pushing my partner away?
3. Why am I stuck?

You will need paper and pen as you draw these diagrams along with Christine, and she shows you the best way to present them to get the response, “yes, that's it exactly!”

Dr Christine Dunkley is an international trainer and author with over 30 publications including books, chapters, research papers and DVD series. Her latest book “**Regulating emotion the DBT way** is out in September.

About the training: This is not a webcast but a live zoom meeting, where you can see and interact both with the speaker and with other participants. You will be sent an invitation which will prompt you to download Zoom (free) if you do not already have it. We ask that you participate on an individual laptop or phone. If you do not want to be seen, you can turn off your camera and you will still be able to see and hear the presentation. We also have the option to split into smaller discussion groups, to replicate face to face training as closely as possible.